



# CONNECTIONS

December 2018

*A publication of The Moore Center Family Support Department*

## Looking for an easy way to stay in touch with other families from the comfort of your own home?



The Family Support Facebook Group is up and running! This is a closed group, designed to be a place where families can share resources, post questions, and offer support to each other. The Facebook group is administered by two Moore Center staff, but all family members are welcome to add content and share at any time. Simply search for The Moore Center Family Support Council on Facebook and ask to join. Once we confirm that you are a family member, you will be granted access. We hope that this group becomes a source of community and support for you and we are excited to see what it can grow in to. Questions about the Facebook group?

Contact [Barbara.didona@moorecenter.org](mailto:Barbara.didona@moorecenter.org) or 206-2832.



## Family Support Holiday Party: A Night of Families, Fun, and Santa!

There was no shortage of smiles at our holiday party on December 4! Lots of families joined us for arts and crafts, snacks, a “toy shop” courtesy of the US Marines Toys for Tots program, and of course, pictures and visits with the big man himself. Thank you to all of the staff and family members who gave their time to make this an evening that was a highlight of the holiday season for all of us!

## Have you heard of Wheelchair Health in Motion?

WHIM is an exercise and peer support program for people living with physical disability, and it was developed and is run by people living with physical disability.

Join the WHIM Manchester class, Wednesdays, 12:15—1:45, YMCA of Downtown Manchester for motivating group exercise and positive peer support.

This is a FREE class and no YMCA membership is required.

For more information, contact [whim4wellness@gmail.com](mailto:whim4wellness@gmail.com) or call (603) 938-2562.

**Free Training for Youth and Families  
Who's on Your Team?  
Connecting Your Goals with Great People**

A FREE webinar for youth, young adults, and the people that believe in them, hosted by INTELLIGENT LIVES Young Adult Engagement Consultant LeDerick Horne.

During this interactive webinar, students will identify the people they need to help them reach their long-term goals. By the end of the hour, students will develop an action plan to help them put together this team of supportive people.

Appropriate for students from eighth grade through college, with and without disabilities.

This webinar will be closed-captioned.  
Tuesday, January 15, 2019 - 1:00pm to 2:00pm  
To register or for more information:  
603.228.2084 or [contact.iod@unh.edu](mailto:contact.iod@unh.edu)

**Legislative Update**

From our friends at CSNI: The legislative session is a busy time of year with upwards of 1,000 bills being introduced, voted on and sometimes signed into law by the Governor within the six month period. 2018 had some significant pieces of legislation introduced with a few key pieces that passed through and some that fortunately failed to get the votes needed to become law.

The 2019 legislative session will be a busy one because it is a budget year. We will likely see the school voucher bills work their way through the legislature again, which could have a significant impact on public education. We hope to see the family and medical leave insurance program be worked through in a way that will benefit families.

We will be asking for you to join us in advocacy efforts in March and April! Want to stay better-informed about legislative issues that impact your family? Visit [www.moorecenter.org](http://www.moorecenter.org) and subscribe to our E-Connect electronic newsletter. Also check out the advocacy information on [www.csni.org](http://www.csni.org)



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