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Gubernatorial Town Hall on Disability Issues



Get Your Questions Ready!

Join candidates seeking the office of Governor of NH for a Zoom-based Town Hall

meeting where they will present their disability policy platforms and disability issues they intend to focus on if elected.

Andru Volinsky (D); Karen Testerman (R); & Dan Feltes [pre-recorded] (D) will each have 3 minutes to speak. (Governor Sununu's campaign said he would attend a Disability Town Hall during the general election season.) Candidates will answer three questions determined by the co-sponsoring NH disability organizations. Then, attendees will be invited to ask their disability issue questions.

When: September 3rd, 2020 - 7:00 p.m. to 9:00 p.m.

Let's make disability policy a top campaign priority!

Registration is required to receive a secure Zoom link which will arrive in your inbox around 6:30pm

COVID-19: Safe Re-entry of People with Down Syndrome into their Communities



There are some great questions and lots of helpful advice in this informative article from the Mass General Hospital Down Syndrome Clinic

The COVID-19 virus is not yet gone, and a vaccine is not yet available. As people with Down syndrome make plans to re-enter and re-engage in their communities, we know that you have many questions, including:

COVID-19: **Recommendations** for People with Down Syndrome to Safely Reenter into the Community My loved one with Down

syndrome won't wear а mask. What can l do? = My loved one with Down syndrome is а hugger. He/she has а hard time understanding social distancing. What can do? - How do I prepare my loved one with Down syndrome to get а Covid test? Can my loved one visit grand

parents or other family members?

You can read the full article through the link below.

Read the full article

Concord Regional VNA Workshops



Concord Regional VNA will be offering three online programs in the up-coming weeks. Click on the links below to see more details about each of these online workshops. Space is limited and registration is required.

Powerful Tools for Caregivers

Wednesdays, October 14 - November 18; 10 - 11:30 AM - Powerful Tools for Caregivers is a nationally recognized, six-week program focused on helping family caregivers learn to take care of themselves in their caregiver journey. CLICK HERE for more information.

Better Choices, Better Health

Tuesdays, September 15 - October 20; 1 - 3:30 PM - Better Choices, Better Health is a nationally recognized, six-week program focused on helping participants build confidence and knowledge around managing their on-going health condition(s). **CLICK HERE for more information.**

Aging Mastery Program - Creating a personal pathway for aging well

Thursdays, September 17 - November 19; 2 - 3:30 PM - Aging Mastery Program is a nationally recognized, ten-week program focused on providing older adults an opportunity to embrace the gift of longevity. As part of this program, ten core topics are presented by guest speakers who are subject matter experts. **CLICK HERE for more information.**

The ARC of Mass: Pictures and Links for Those with Intellectual Disabilities.



The ARC of Massachusetts has collected helpful information and resources on Covid-19 for persons with intellectual and developmental disabilities.

Protect yourself and your loved ones by keeping safe when going out.

View all of the resources

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