



The Moore Center

Creating opportunities for a good life.™

Disability Unscripted 2020: Samuel Habib Interviews NH General Election Candidates



Samuel Habib, college student, documentary filmmaker, newspaper columnist, and disability advocate interviewed candidates for U.S. Senate, U.S. Representative and Governor about issues relating to disability including voting rights, funding for DD services, special education, housing, and employment.

Learn what all the candidates think about these critical issues so that you can make informed choices on election day.

[View the Videos Here](#)

Employment for Individuals with Intellectual or Developmental Disabilities



Individuals with intellectual or developmental disabilities (IDD) or acquired brain disorders (ABD) are valued employees in our state economy. Their skills and abilities help to strengthen the workplace, drive innovation and better serve and represent the community. For an employee with a disability, employment provides opportunities for economic, social and emotional growth. Unfortunately, individuals with IDD or ABD are underrepresented in our workforce.

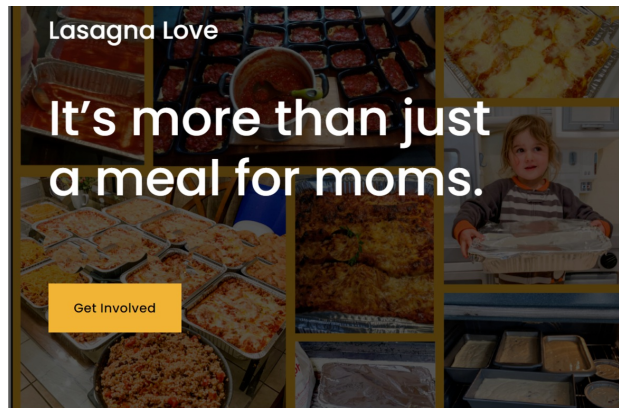
The NH Department of Health and Human Services, Bureau of Developmental Services, in partnership with Area Agencies, service providers/vendors and businesses, are working to expand the opportunities for individuals with disabilities to become valued members of our workforce and to enjoy all the benefits that employment provides.

There are a wide variety of resources and supports available to both the individual with a disability and employers to support the vision of a fully inclusive workforce in New Hampshire.

Learn more by visiting their website:

[DHHS Employment Programs](#)

Lasagna Love - Get Involved!



You Can Volunteer... or Request a Meal

Lasagna Love was founded at the beginning of the pandemic, kind of by accident. The founder of Good to Mama was looking for a way to help moms in her community. She and her toddler started making and delivering meals to families in their neighborhood who were struggling.

Lasagna Love has grown into a national movement, with hundreds of people all cooking and delivering meals to families in their communities. Our mission is not only to help address the incredible rise in food insecurity among families, but also to provide a simple act of love and kindness during a time full of uncertainty and stress.

[Volunteer or Request a Meal](#)

Manchester YMCA - Fueling Our Families



FUELING OUR FAMILIES



AT THE YMCA OF DOWNTOWN MANCHESTER

The YMCA of Downtown Manchester, in partnership with the Manchester School District and Granite United Way, is helping to fight hunger by providing food and personal items to youth and families in need. Grab and go meals will be distributed every weekday from 4:30 - 5:30 pm outside the teen center. Weekend meal bags will be distributed on Fridays at the teen center and at additional locations around the city. Please read our Nourishing Our Youth and Fueling Our Families flyers for additional details.

YOUTH GRAB & GO MEAL DETAILS

WHO

Available to children ages 18 and under

WHAT

Grab and go brown bagged dinners

WHEN

Monday through Friday from 4:30 - 5:30 pm

WHERE

Teen Center at the YMCA of Downtown Manchester
42 Stark Street, Manchester, NH

[See the Program Details](#)

Join Maura Sullivan and Charlie Fiske for an Exclusive Advocacy Training



Now more than ever, advocacy is an absolutely crucial part of daily life for our community.

On Thursday, October 29, join an exclusive training opportunity with The Arc's Maura Sullivan and Charlie Fiske to learn what it means to be a disability advocate and how to get involved most effectively in legislative advocacy.

- Topics include:
- Basic steps for lobbying and advocacy
- How legislation begins
- Identifying actions to move legislation forward
- Finding and building coalitions
- Building and strengthening relationships with your elected officials
- Critical strategic planning, the budget and obstacles

Maura Sullivan is the Director of Government Affairs and the Program Director of Operation House Call at The Arc of Massachusetts. As an experienced speaker, lecturer and grassroots organizer for disability advocacy, Maura's background includes health policy and managed care. She has an MPA from Suffolk University with a focus on non-profits and she is a former LEND fellow. Maura has 3 children and her two youngest have autism.

Charlie Fiske joined The Arc of Massachusetts staff in 2014 as the Director of Public Policy. As a former member of The Arc Government Affairs Committee, Charlie has worked as an advocate for several organizations including BAMS. He is well known for his civic and systems change work. More recently Charlie completed a two-year mid-career stint with the Peace Corps in Malawi, Africa.

[Register Here](#)

Now Enrolling in the January Session for PEERS Social Skills Class



The next PEERS social skills class will begin on January 5th. This session will be held every Tuesday from 1-2:30p via Zoom. Adults diagnosed with Autism, I/DD, and/or ABD from ALL regions of NH are WELCOME!!

PEERS is a 16-week evidence-based social skills intervention for motivated young adults who are interested in learning ways to help them make and keep friends. During each group session participants are taught important social skills and are given the opportunity to practice these skills in session. Caregivers (parents, day staff, home providers, etc.) are taught how to assist their young adult in making and keeping friends by providing feedback through coaching during weekly socialization homework assignments.

Topics include;

- How to find common interests by trading information
- How to use appropriate conversational skills including starting and maintaining conversations
- How to find sources of friends
- How to appropriately use humor
- How to enter and exit group conversations
- How to handle rejection and direct or indirect bullying
- How to organize and have successful get-togethers
- Rules for forms of electronic communication
- How to handle arguments and disagreements
- Dating etiquette/skills

[Download the Application](#)

7-Day Pre-Election Resilience Challenge



Dr. Fleet Maull will be your host and guide for this 7-Day Resilience Challenge. You will receive one of his pre-recorded interviews with these seven world renowned resilience experts each day plus a pre-recorded guided resilience practice instruction with that expert.

Dr. Maull will also offer a LIVE 30-minute teaching each day at 1 PM Eastern Time (US) designed to guide you through a life-changing week of resilience building leading up to election day.

He will provide you with practical knowledge, skills and practices to continue building your resilience post-election as we continue to navigate the Covid-19 pandemic and the many other social, political and environmental challenges we are facing.

You will also receive the recordings of these 30-minute resilience challenges in case you are not able to attend the live sessions.

[Join this Free Event](#)

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