



**The Moore Center**  
*Creating opportunities for a good life.™*

## **Active Bystander Training for Developmental Disabilities Advocates**

In a time when people are quicker to express anger and more likely to be angry at people “not like them”, many of us are seeking tools to respond effectively to such biased anger.



**Granite State Organizing Project**  
A Voice For Justice

The Granite State Organizing Project and the NH Council on Developmental Disabilities is offering a virtual bystander training for developmental disabilities advocates that will give tools and insights to use in such situations and a chance to think about how you might use them.

In this highly interactive session, we present information, share experiences, and strategize bystander responses to a variety of situations. Participants will learn about

- Roles we all play
- What discourages us from acting when we see harm doing
- How to move through this resistance
- Tools to use when we are ready
- Basic principles to guide our actions

When: via Zoom on Saturday, June 26, 2021 at 11 am.

Join by Zoom at: <https://us02web.zoom.us/j/86899445323>

Join by phone by calling 1-646-558-8656 (New York region)

Meeting ID: 868 9944 5323

For more information, contact Aron DiBacco at [ADibacco@GraniteStateOrganizing.org](mailto:ADibacco@GraniteStateOrganizing.org)/603-668-8250 or Vanessa Blais at [Vanessa.A.Blais@DDC.NH.gov](mailto:Vanessa.A.Blais@DDC.NH.gov)/603-271-7040.

[Join via Zoom](#)

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## A Mother's Rest: Redefining Respite for Parents & Caregivers



**This is an organization that all parents should know about!**

A Mother's Rest is a network of non-profit, respite retreat inns created exclusively to serve mothers & other caregivers of loved ones with disabilities. They specialize in coordinating therapeutic respite retreats for parents of children with extra needs, supporting bio & adoptive moms, dads, and other family caregivers of children and adults.

Through coordinating affordable, 3-night bed and breakfast respite retreats, they provide caregivers with adequate time to decompress in an intimate, therapeutic environment.

Check out their website through the link below to learn more!

[Visit A Mother's Rest](#)

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## Join the 2021 Art & Poetry Challenge



### **The Racial Unity Team will host its 3rd Annual Racial Unity Day Art and Poetry challenge.**

Everyone is invited to submit a poem or visual work of art inspired by a line chosen from Amanda Gorman's Inauguration Poem, "The Hill We Climb."

The challenge is open to all residents of New Hampshire and the Seacoast Region. All contestants must submit their poem or artwork by September 1, 2021.

#### **Submissions will be divided into four categories:**

Elementary School, Middle School, High School, and Adult Contestants.

Winners will be announced in late September. Plans are to exhibit all submissions at the Town Hall Gallery in Exeter or in a virtual exhibit. Optionally, poetry winners will be asked to read their poem aloud and art winners describe their art in a special video.

## **A total of \$2,000 in prize money will be shared among the winners.**

Each contestant may submit only one poem or artwork for review. Poems may be 1-2 pages with no more than 50 lines. Artworks may not exceed 17x22 inches. Elementary Schools may submit a class project that include a poster size submission up to 34x44 inches. If possible you are encouraged to complete an interest submission form by August 1, 2021.

### **Where to submit**

Email a document of your poem or photo of your artwork to [racialunityteam1@gmail.com](mailto:racialunityteam1@gmail.com). Include your name, address, age and the inspired line chosen from Amanda Gorman's Inauguration Poem, "The Hill We Climb." If you are in school, please also include SAU district, name of school, and grade you will attend in the 2021-22 school year.

See the full details and contest rules on our website through the link below.

[Visit our Website](#)

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## **DHHS & Elliot Health Offer Vaccine Clinic for Deaf and Hard of Hearing**



### **From NH Department of Health and Human Services.**

A COVID vaccine (Pfizer) clinic will be open at the Elliot Health System on Mammoth Road in Manchester on May 22nd from 8 a.m. to 4 p.m. for deaf and hard of hearing people. If you want an appointment you can call 603-546-7882 by May 19th to reserve your appt. ASL interpreters will be there

in person.

"We are excited to announce this joint venture by Department of Health and Human Services and the Elliot Hospital. We would appreciate your assistance in sharing this flyer and posting it as well."

Please read the flyer below for full details.

[View the flyer](#)

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