

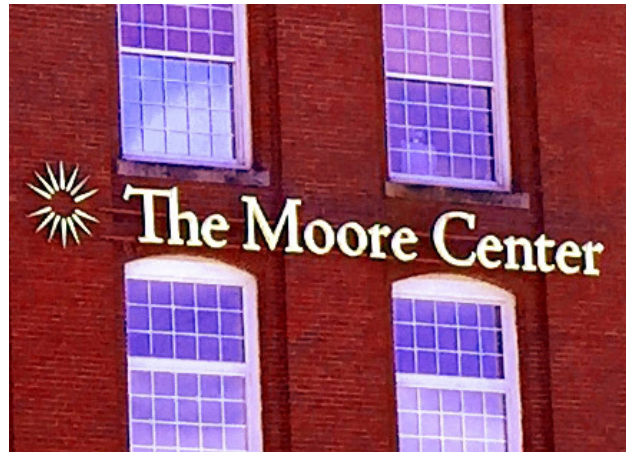


**The Moore Center**  
*Creating opportunities for a good life.™*

## Important COVID Reminders

**Dear Moore Center Families,**

Fall is here and with it we start thinking about pumpkin spice, chilly mornings, and the upcoming holiday season. This year we again have to also consider how the change in weather and subsequent time spent indoors will impact our community in terms of the spread of COVID-19.



The good news is that The Moore Center has been able to support some clients in the community throughout the most recent spike in cases without any outbreaks in programs, a direct result of the incredible dedication and hard work of our front line staff, and the commitment from clients and families to remain away from program when experiencing symptoms, testing and quarantining when suspecting COVID or following exposures, and quickly contacting programs and teams when an exposure does happen. We will continue to make the safest decisions possible to keep on this path.

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**As a reminder, please continue to adhere to the following best practices to prevent the spread of disease:**

- Stay home from program if you have any symptoms of illness and quarantine while waiting on test results.
- Get vaccinated
- Wear a mask
- Wash your hands often with soap and water for at least 20 seconds especially after you have been

in  
a  
public  
place,  
or  
after  
blowing  
your  
nose,  
coughing,  
or  
sneezing

- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid crowds and poorly ventilated spaces

**If someone in your household tests positive for COVID-19:** Be aware that household exposures are now being treated as continuous exposures, with clients and employees being asked to quarantine, regardless of vaccination status, throughout the recovery isolation period of their household member. Day 10 of the household member's recovery becomes the exposure date for the staff or client. Vaccinated individuals may test 3-5 days following this exposure date. Unvaccinated individuals would need to wait an additional 10 days following the exposure date before returning to program. Please make sure to let your in-person

programs know if members of your household are in the process of being tested for COVID.

## **The following new, free testing resource has been made available by public health:**

NH DHHS has contracted with ClearChoiceMD to support four (4) free COVID-19 testing locations in the state. One will be located in Manchester. This will be a walk-up only clinic and will be located at the Hunt Pool Bathhouse lawn, 303 Maple Street. This clinic will run 7 days a week from 9am-3pm. No appointment is needed. This location will be conducting PCR tests for anyone, regardless of insurance status and results are expected within 1-2 days. The clinic opened for business on October 12. Other clinics will be located in Claremont, Nashua, and the seacoast. More information can be found at the ClearChoice MD website: <https://ccmdcenters.com/locations>.

## **There is still time to get the vaccine before the Holidays**

Visit <https://www.vaccines.nh.gov/> or reach out to your health care provider to set up a time and method that works for you.

While I hope that the day soon arrives that we don't have to focus on these precautions any longer, we are not there yet. So please, continue to be vigilant, make choices that contribute to the health and safety of all of us, and enjoy the fall.

As always, please reach out to me if you have any concerns.

Janet  
President and CEO



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