



The Moore Center
Creating opportunities for a good life.™

Share your Medicaid story with Henry Lipman, State Director of Medicaid



The state office of Medicaid benefits from listening to the experience of families who are Medicaid recipients, especially Medicaid waiver recipients, in order to maintain a pulse on

what life is like for us. This new initiative will connect Mr. Lipman with a small group of different families each month. We are looking for 3-5 families who are connected to Medicaid long-term care funding to share your story.

Whether it's paperwork, prior authorization, qualified provider, or denials - whatever sorts of challenges related to Medicaid your family faces, we want to hear it. We'd also love to know what changes have improved your experience with Medicaid.

November 18, 2021, 6:30-7:30pm, via Zoom

January 18, 2022, 6:30-7:30pm, via Zoom

Please contact lisab@ablenh.org to reserve your spot on November 18th!

Family Support Conference Postponed

A Message from the Family Support Conference Planning Advisory Team



NEW HAMPSHIRE *Family Support* *Conference*

Our Family Support Conference Planning Advisory Team has been busy assessing the inherent risk of holding the conference as well as examining the other considerations associated with a large gathering in an environment still battling a global pandemic and its economic impact.

Over the past 18 months Omni-Mt Washington has undergone a number of resort-wide renovations. These new updated and expansive additions have limited our ability to meet the needs of the conference financially as well as created a number of spatial challenges that will impact the number of families, vendors and workshops we would be able to host.

The Family Support Conference Planning Advisory Team has determined postponing the Conference another year is the safest and financially responsible action to take. Postponing came down to three main concerns:

- Global Pandemic and the state-wide infection trends and predictions heading into the winter months
- Omni Mt. Washington Resort renovations

- Cost of planning and attending did not meet the value-added benefit

Re-imagining the Future and Celebrating the Past

Over the next year, the **NH Family Support Conference Planning Advisory Team** will be exploring a wide variety of new and exciting options which will enhance our mission of helping families connect, learn and recharge. What does this mean? This means that we will be reaching out to our families over the coming year so that they can help inform us of what you would like to see delivered, and the format that would best meet your family's needs!

Please take ABLE NH's Housing Survey



It's time to realistically assess housing insecurity and the threat of homelessness that affects adults with developmental disabilities and in particular, adults with significant support needs.

ABLE NH recognizes that family-provided housing is not a lifetime solution for an adult with a developmental disability. There are MANY paths to "home" for individuals with disabilities, let's establish a flexible policy and regulation framework.

State agencies and area agencies have very limited capacity to respond to the reality of parents and other family members losing their ability (for a host of reasons) to indefinitely house their loved ones. This approach also potentially disregards the preferences and desires of people with disabilities to attain a key element of life - the choice to live away from one's parents. ABLE NH also recognizes there is no plan for nor any pressure on decision-makers to create accessible, affordable, appropriately supportive housing.

ABLE's brief survey seeks to assess the unmet housing needs for individuals with developmental disabilities and other disabilities who require support to have a community-based life in NH so we can begin an organized campaign calling for a strategic plan to create affordable, accessible, and appropriately supportive housing for individuals with developmental disabilities with a particular focus on meeting the needs of people with significant support needs.

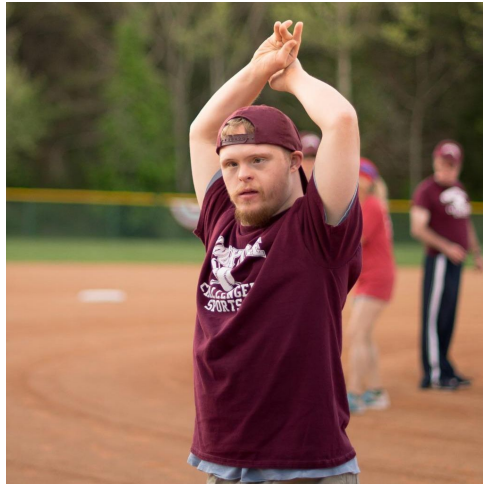
[Take the survey](#)

The Arc of the United States Introduces TruFit to Its Members

Here's a message from TruFit, in partnership with The ARC:



My name is Adam White, and I am the CEO and co-founder of TruFit Adaptive Fitness. I would like to personally invite everyone at The Arc, from families to chapter staff, to join us and experience all the fun we are having in our livestream adaptive fitness sessions for FREE!



For the month of December, you're invited to join Coach John and our fitness team leaders from The Arc of San Diego three times a week for fun and fitness. Experience an inclusive, engaging, interactive fitness show specifically designed with your needs in mind. We have something for everyone, and we would love to show you! We will get you moving, laughing, learning about fitness, and having a good ol' time!

Starting December 1, you can access Live Adaptive Fitness Sessions on our YouTube channel using [this link](#). Please hit the subscribe button and notification button to stay up to date on everything adaptive fitness.

The schedule for live stream classes is:

Mondays: 4:00 p.m. ET / 1:00 p.m. PT

Wednesdays: 2:00 p.m. ET / 11:00 a.m. PT

Fridays: 2:00 p.m. ET / 11:00 a.m. PT

Recorded versions of the livestreams will be accessible on the channel as well for your convenience. For more information or questions, please email adam@GetTruFit.com.

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