



# The Moore Center

*Creating opportunities for a good life.™*



## **PARTNERING FOR STRENGTH SUPPORTED DECISION MAKING CONFERENCE**



### **What is Supported Decision Making?**

Supported Decision-Making (SDM) allows individuals with disabilities to make choices about their own lives with support from a team of people they choose. Individuals with disabilities choose people they know and trust to be part of a support network to help with decision-making.

Supported Decision-Making is an alternative to guardianship. Instead of having a guardian make a decision for the person with the disability, Supported Decision-Making allows the person with the disability to make his or her own decisions.

### **Why Supported Decision Making?**

Study after study has shown that when people with physical, medical, and/or mental health support needs, have more control over their life and make more decisions for themselves - when they have more self-determination - they have better lives. People who are more self-

determined are more likely to live independently, work, be integrated into their communities, and avoid abuse.

## About the Conference

This conference is for family members and their youth/young adult. The conference will introduce the theory and practice of SDM, explain the roles within the process, and what it can look like in Education, Employment, Independent Living, and Health Care. Resources will also be shared to support those interested in using SDM.

**Registration Fee :\$40** This fee covers one family member and one youth/young adult! (use code SDMYOUTH when registering the youth/young adult)

This is an important topic so if the registration fee is a barrier please email Jenn Pineo at [jpineo@picnh.org](mailto:jpineo@picnh.org).

[Register here](#)

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## Upcoming Vaccine Clinics

**COVID-19**

**Vaccine Clinic**

We offer Pfizer, Moderna, and J&J vaccines (all shots as applicable).

**SIGN UP REQUIRED**

Sign up ahead of time to:  
vaccines@isnnh.com

**VACCINES ARE FREE!**

Vaccines are completely free.  
No health insurance is needed.

**WHO CAN GET VACCINATED?**

Anyone 5 and older can get vaccinated here. You do not need to be a NH resident or US citizen.

**QUESTIONS?**

Ask us about the COVID-19 vaccines!

**WHEN AND WHERE:**

Tuesday 01/25/22 10 am – 2 pm  
**Independent Services Network**  
309 Pine Street, Manchester, NH 03103

Target audience for this initiative: Area Agencies, PPN, DCYF, Direct Support Professionals, Foster Parents, and Home Providers.

**\*\*MASKS REQUIRED WHILE ON PREMISES\*\***

Here's information on several Vaccine clinics that are being hosted by **Independent Support Network** in partnership with **NH Division of Public Health Services**. These are open to Area Agencies, PPN and DCYF connected individuals. This includes staff, providers, or individuals receiving services.

All three vaccines, Pfizer, Moderna, and Johnson & Johnson, will be offered at the clinics. Please pre-register at by using the links on this website and indicate your vaccine preference. Note if this will be your first, second or booster, and also note if adult, young adult (12-17), child (5-11). This information helps to know how much vaccine to bring to the clinic and for the Vaccine Team to better serve you.

There are clinics in Manchester (January 25th), Concord (January 20th), Nashua (January 24th), and Claremont (January 21st).

Click below for more info and to register.

[View Vaccine Clinic Info](#)

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# NAMI Peer-to-Peer Educational Program



**NAMI Peer-to-Peer** is a **FREE**, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery.

Taught by trained leaders with lived experience, **NAMI Peer-to-Peer** is a safe, confidential space. The course provides an opportunity for mutual support and growth. Experience compassion and understanding from people who relate to your experiences.

To learn more or register, contact Karen Prive [kprive@NAMINH.org](mailto:kprive@NAMINH.org) or call 603-860-6629.

[Click here for more information](#)

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## The Arc's Virtual Program Library



Looking for safe, at-home activities to keep you and your family busy this winter?

The ARC's virtual program library is a free hub of on-demand activities that can be done from home by people with disabilities, their families, and service providers.

The library is expanding all the time and has activities in a wide variety of areas, such as arts, life skills, health and wellness, virtual clubs, and more.

**Browse listings to find activities such as:**

- Participating in dance, yoga, and other movement activities
- Learning about internet safety
- Virtually touring places like Disney World and museums
- Making your own Jeopardy templates
- Finding self-advocacy support

[Browse The Arc's Virtual Program Library](#)



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