

The Moore Center
Creating opportunities for a good life.™

Free Live Webinar on Art of the Share

How to tell your story impactfully

FREE LIVE WEBINAR
THE ART OF
THE SHARE

TELLING YOUR STORY
IMPACTFULLY

Carrie Duran
LAKES REGION COMMUNITY
SERVICES

Karen Blake
COMMUNITY CROSSROADS

DATE
March 10, 2025

TIME
7 PM TO 8 PM

**JOIN US FOR OUR FUN,
INFORMATIVE WEBINAR TO
LEARN HOW TO CRAFT
YOUR STORY**

I wanted to let you all know that Carrie and I are going to present The Art of the Share. This is open to anyone so please feel free to share widely. Ahead of the public hearing on HB1 and HB2 likely on Wednesday March 12th Carrie and I wanted to be sure to present this webinar again.

The Public Policy Outreach Committee, Policy Partners, Community Crossroads and Lakes Region Community Services will be presenting The Art of the Share:

How to tell your story impactfully on Monday, March 10th at 7 pm. This fun, free webinar is focused on honing your story for testifying in a public hearing, executive department listening sessions or written testimony. Just in time for the tentative public hearing in House Finance on the 2026-2027 state budget (HB1 & HB2).

If anyone has any questions, please let me know.

kblake@communitycrossroadsnh.org

To register for the event, please go to:

<https://zoom.us/meeting/register/z9pRgu07Sl6nrapVcFGH-Q>

Training Opportunity: Person Centered Service Planning and Practices, and Advocacy and Choice



Department of **HEALTH & HUMAN SERVICES**

The Department of Health and Human Services' Bureau of Developmental Services and Bureau of Adult and Aging Services is excited to announce upcoming training for Home and Community Based Services (HCBS) on Person Centered Service Planning and Practices, and Advocacy and Choice. These two sessions are designed to improve services for people receiving HCBS by enhancing everyone's understanding and expectations in supporting individuals using a person-centered approach and informed choice practices. The training is designed to target specific audiences, including case managers/service coordinators, direct support professionals and providers, and individuals and families. The two key topics covered during each training session will focus on person-centered practices and service planning and advocacy and choice. These live interactive training sessions will cover:

- The principles of person-centered practices
- Tools to create individualized and strengths-based plans

- Your role in the person-centered service planning process and how to prepare
- Understanding the difference between informed choice and supported decision-making
- Strategies to empower decision-making
- Your role in advocacy and voicing needs and rights
- Promoting choice and encouraging self-determination in decision making
- Practices and strategies for improving engagement and outcomes

This training will provide practical tools and strategies to help case managers/service coordinators, providers and direct support professionals, individuals and families champion person-centered practices, support autonomy, and empowerment. The training will be offered in-person at locations around the state for all interested parties. If unable to attend an in-person session, live webinar sessions also will be offered to case managers/service coordinators, providers and direct support professionals. For individuals and families unable to attend an in-person session, a self-paced eLearning course will also be available in the near future.

Below are instructions on how to register for one of these sessions.

1. Please click on this link <https://newhampshire-hcbs-pc.corsizio.com/> to register for **one** of the in-person or webinar sessions available.
2. After you register for your live (in-person or webinar) training session, you must also register for a free Moodle account to complete a brief questionnaire before your training session. Please register for the free Moodle account here: <https://newhampshire-hcbs-pc.moodlecloud.com/login/index.php>.
3. If you have any problems logging in to Moodle or registering for a session, please contact Qlarant at NH_HCBS_PC@qlarant.com.



We hope you take advantage of this free training to enhance HCBS service delivery systems in New Hampshire.

NEHSA

**NEHSA serves individuals and families through adaptive sports,
promoting healing and accomplishment.**

Our Vision

A world with strong, supportive communities providing full access to natural resources, an active lifestyle and the highest possible level of independence.



WHY NEHSA

Too often, members of the disability community are asked to sit on the sidelines. At NEHSA, we have been breaking down barriers to nature for our athletes for over 50 years!

The physical, emotional, and mental benefits, provided by access to nature are important for everybody, and we have made it our mission to ensure that sort of access exists.

PROGRAMS

- **SPRING** - Hiking
- **SUMMER** - Kayaking, Paddleboarding & Hiking
- **FALL** - Kayaking, Paddleboarding & Hiking
- **WINTER** - Snowboarding, Skiing & Snowshoeing

**JOIN US AS
AN ATHLETE OR VOLUNTEER**

Email: info@nehsa.org
or call (603) 763-9158

TESTIMONIALS

"It was by far one of the most rewarding experiences I have ever had. To see the broad smiles on the athletes faces, words of appreciation, high fives, as they made their individual goals on the mountain captured my heart."
-Tina, NEHSA Volunteer



"I volunteered and joined the NEHSA team in December of last year. I had seen adaptive sports in more limited forms in other local resorts and always stood in awe of the courage of its participants and the skill and understanding of the people who facilitate their efforts. All the while, I never realized NEHSA was looking for volunteers. What a great opportunity it has proven to be, helping me grow in many ways as I give my time to help others succeed."
-Mark, NEHSA Volunteer



"I had never been so proud in my life. At that moment, I felt like I was important. I could change things. Simply by having a conversation, I changed somebody's perspective on something."
-Terrence, NEHSA Volunteer



VOLUNTEER GUIDE

"Witness the triumph of the human spirit" is as much about our athletes as it is about our volunteers. We invite you to join us, to share in our enthusiasm for the adventure and freedom that adaptive sports provide individuals with disabilities.

Volunteer Application



OUR CONTACT:

603-763-9158

www.nehsa.org

info@nehsa.org

Visit [NEHSA](http://NEHSA.org)

You are receiving this email because you signed up for our newsletters.

Want to change how you receive these emails?

You can [Unsubscribe](#) or [Update your preferences](#)