



The Moore Center

Family Support Advisory Council

Families Serving Families

moorecenter.org/fsc

Join us for our Transition Fair!



The Moore Center

Creating opportunities for a good life.™

Transition Fair

February 12, 2026
4:00 PM - 5:30PM
195 McGregor St., Manchester, NH
03102

Discover Services for People with Disabilities
in Greater Manchester!

**A FREE Vendor & Resource Fair for
Individuals, Families, and
Caregivers**

WHAT YOU WILL FIND:

Face-to-face connections with local and state-wide agencies that provide essential supports and services. This is a great opportunity to explore options for individuals with developmental or intellectual disabilities and acquired brain disorders of all ages and abilities.

Who Should Attend?

- * Individuals with developmental or intellectual disabilities and acquired brain disorders.
- * Family members of those individuals.
- * Guardians and Caregivers.
- * Case Managers and Service Coordinators.
- * Students exploring careers in human services.

Questions & RSVP:
(603) 206-2814



Free Bowling Event. Click here to register on Eventbrite.



Family Support Advisory Council
The Moore Center
Families Serving Families

FREE FAMILY BOWLING EVENT!

Date: Sunday, February 15, 2026
Time: 10:00 a.m. to 1:00 p.m.
Where: Yankee Lanes,
216 Maple Street, Manchester, NH 03103

**JOIN US FOR A FUN INCLUSIVE EVENT
AT YANKEE LANES!**

★ Bowling & Shoe Rental are FREE! ★
Food and Beverages will be provided at no cost!

★★ SPACE IS LIMITED. ★★
WE LOOK FORWARD TO SEEING YOU THERE!

Questions? 603-206-2814

[Sign up on Eventbrite](#)

moorecenter.org/fsc

Saint Anselm College Meelia Center for
Community Engagement's 34th Annual

Valentine's Day Dance!

Saturday, February 14 from 1-3pm
In the New Hampshire Institute of Politics

Each year over one hundred young adults and adults with intellectual and cognitive disabilities from the community join an equal number of student volunteers for a fun filled afternoon of dancing and activities! Don't miss out on the fun this year!

Snacks and drinks will be provided.
The New Hampshire Institute of Politics is wheelchair accessible.

Are you aware of a group (or individual) that we forgot to invite? Help us by inviting them and let us know who will be attending.

Please RSVP or contact us with questions at
603.641.7108 or MeeliaCenter@anselm.edu

Updates will be posted on Instagram
(@sacmeeliacenter)

See you at the dance!
Directions on other side of this page



Zebra Crossings Winter Events

"Snow Much Fun" Winter Adventure



Zebra Crossings invites youth with chronic health conditions & their families to join us for a fun winter adventure.

Activities for everyone, snow shoeing, sledding, snowman building, high ropes course, hot cocoa & s'mores. Lunch is included.

February 28, 2026
10am - 3pm
Center Tuftonboro, NH



Cost: FREE!

Pre-registration is required, and we will need a final headcount for this event by February 6th, 2026.



For more information or to sign up email: programs@zebra-crossings.org or call: (603) 312-2052 x 2

www.zebra-crossings.org

SCAN



Website



Facebook

**You will need outdoor gear, if you don't have it please let us know & we will provide some.



The DD Council now has a page on its website dedicated to mapping out accessible trails, parks, and playgrounds across the Granite State. Please check out the map (and the locations) using the link below. If there are any accessible trails, parks, and/or playgrounds that you are aware of in the state that you do not see on the map, please reach out to the DD Council so they can be included.

[Click for NH Council on Developmental Disabilities Accessible Recreation Map](#)

Our Homestead - Join us March 11, 2026



Our Homestead is a 501(c)3 non-profit created by family and friends of adults with developmental disabilities. Our goal is to provide much needed housing for the many adults in New Hampshire who need a safe, stable living situation. We began as a group of parents who have the mutual concern about what will happen to our loved ones when we are no longer able to care for them. Our children are adults now, but we realize that those of you with younger children will be facing the same lack of housing options in the future if we do not all work together to create additional housing for them. Housing options are now very limited, thus we are following the lead of other parent-led groups in our state to build or renovate housing.

We are based in the greater Manchester region and appreciate the support of the Moore Center. We officially began fund raising in December 2025 and are excited to report we have raised nearly \$18,000 to date. We so appreciate those stepping up to help support us. Going forward we need to locate land to build on or an appropriate building to renovate. The need is great and we are looking for volunteers who have a heart to help us meet this critical need. We are currently creating committees to help with marketing, fundraising, as well as potential site researching.

We will be hosting our next community informational meeting at the Moore Center on March 11th from 5:30 to 7:30 PM. Let us know if you would like to attend by emailing us at Events@ourhomesteadnh.com. We hope you can join us. Meanwhile, please check out our website at: www.ourhomesteadnh.org If you have any questions, feel free to email us at Info@ourhomesteadnh.org

Save the Date! Life After High School for Youth with Disabilities



SAVE THE DATE

Dream. Plan. Launch.

Life After High School for Youth with Disabilities

Saturday,
March 21, 2026
9 am to 2 pm

NH Audubon
84 Silk Farm Rd
Concord, NH

A conference for families and youth with disabilities focused on planning for life's next steps



[Click here to Register for Life After High School for Youth with Disabilities.](#)

Parent Information Center and NH Family Voices

Life after High School for Youth with Disabilities

March 21, 2026 From 8:30AM-2:00PM

NH Audubon - 84 Silk Farm Rd. Concord, NH 03301

A conference for families and youth with disabilities focused on planning for life's next steps. This FREE conference offers resources for both families and youth. Lunch will be provided. Sessions are as follows:

Youth Sessions

- Your Rights After High School
- Getting to the Future You Want
- Choosing What Works for You
- Online Tools and Tech

Family Sessions

- Finances/Benefits
- Fostering Independence
- Meaningful Employment
- Guardianship and Supported Decision Making

Join us to learn practical strategies, ask questions, and discover resources to help your student take confident steps toward adulthood. Priority Registration for Families and Youth is Open! Professional Registration begins 2/25/2026

Brain Injury Association of NH Support Groups

BRAIN INJURY SUPPORT GROUPS:

BIANH Conway Brain Injury Support Group – Topic: Group Discussion - First Monday of the month Location: Journey Church – 15 Hutchins Drive, Conway, NH Time: 6:00-7:30 PM Contact: 603-225-8400

St. Joseph Hospital Stroke Support Group - First Monday of the month Location: St. Joseph Hospital Outpatient Rehab – Conference Room 75 Northeastern Boulevard – Nashua, NH Time: 5:30 PM Contact: Gabbi Morris, OTR/L Email: gmnorris@covh.org

BIANH Peterborough Brain Injury Support Group – Topic: Group Discussion = First Tuesday of the month Location: Monadnock Community Hospital, Conference Rooms 1 & 2 452 Old Street Road – Peterborough, NH Time: 6:00 – 7:30 PM Contact: 603-225-8400

BIANH Seacoast Brain Injury Support Group - Topic: Attitude - A Discussion from the book "Box of Hope" - First Tuesday of the month written by David Grant Location: HCA Healthcare, Portsmouth Regional Hospital 155 Borthwick Avenue, West Building, 3rd Floor, Room 351 – Portsmouth, NH Time: 12:00 – 1:00 PM Contact: 603-225-8400

BIANH Atkinson/Derry Brain Injury Support Group – Topic: Sobriety and Brain Injury - Second Tuesday of the month Location: Community Crossroads 8 Commerce Drive, Unit 801, Atkinson, NH Time: 6:00 – 7:30 PM Contact: 603-225-8400

BIANH Concord Brain Injury Support Group – Topic: Group Discussion - Third Tuesday of the month Location: Granite State Independent Living 21 Chenell Drive, Concord, NH Time: 6:30 – 7:30 PM Contact: 603-225-8400

BIANH Keene Brain Injury Support Group – Topic: Group Discussion - Third Sunday of the month Location: Southwest Community Services – use door facing Food Co-Op building 49 Community Way, Keene, NH Time: 1:30 – 3:00 PM Contact: 603-225-8400

Manchester Clubhouse Brain Injury Support Group - Third Wednesday of the month Location: Manchester Pathways 60 Rogers Street, Suite 204, Manchester, NH Time: 6:00 – 7:00 PM Contact: 603-225-8400

Northeast Rehab Hospital at Pease – Stroke Support Group - Third Wednesday of the month Location: Northeast Rehabilitation Hospital 1st Floor, Pease – Portsmouth Hospital Time: 4:00 – 5:00 PM Contact: strokesupportgroup@northeastrehab.com

VIRTUAL Northeast Rehab Hospital Stroke Support Group - Second Tuesday of the month Time: 4:15 – 5:00 PM Register: strokesupportgroup@northeastrehab.com

VIRTUAL Northeast Rehabilitation Hospital Statewide Mild Brain Injury Support Group - Second Wednesday of the month Time: 4:00 – 5:00 PM Contact: Barbara Capobianco – 603-681-3220 Register: bcapobianc@northeastrehab.com

CAREGIVER SUPPORT GROUPS:

BIANH Virtual Brain Injury Caregivers Support Group - Topic: Group Discussion - Fourth Tuesday of the month Time: 6:30 – 7:30 PM Contact: 603-225-8400 To Join Meeting: <https://us06web.zoom.us/j/84489789058> Portsmouth Regional Hospital Caregiver Support Group Last Wednesday of the month Time: 5:30 – 6:30 PM Contact: prhpstrokesupport.nh@hcahealthcare.com

APHASIA SUPPORT GROUPS

St. Joseph Hospital Aphasia Community Group - Second Tuesday of the month Time: 4:00 – 5:00 PM Contact: Lesley Renzi – lhill@sjnh.org

Aphasia Support Group – Seacoast of New Hampshire - First Thursday of the month Exeter Hospital Conference 1 North, 5 Alumni Drive, Exeter NH Time: 11:00 – 12:00 PM Contact: Kate Phelps – 603-778-6548

For additional information, contact mail@bianh.org or call 603-225-8400

[Click here for MomsRising NH Legislature Toolkit](#)



MomsRising NH Legislature Toolkit

Hi there – We’re so glad you’re here!

At MomsRising New Hampshire, we believe that democracy works best when families and communities are heard.

Every mom, parent, and caregiver deserves to feel confident having a voice in the decisions that shape our lives — and this toolkit was created to make that easier.

THE LATEST NEWS AT CAMP FATIMA

Special Needs Week 2026

We’re looking forward to another great summer at Camp Fatima!

NEW THIS YEAR - we offer two sessions:

Session 1: Sunday, June 14 – Saturday, June 20

Session 2: Sunday, August 16 – Saturday, August 22

Please review the descriptions of each session below to ensure the program you apply for is the right fit for your camper.

Special Needs Week Session 1 is a dedicated, one-week co-ed overnight camp program for campers age 9+ with mild to moderate intellectual and developmental disabilities. There is a 3:1 camper-to-staff ratio for support.

Special Needs Week Session 1 is designed for campers who:

- Can walk unassisted
- Can manage basic self-care with minimal help (dressing, toileting, hygiene)
- Can communicate their needs

Special Needs Week Session 2 is a very similar program, but it is intended to also accommodate campers with more significant intellectual and developmental disabilities. There is still a 3:1 ratio for campers who can function in that environment, but there are also opportunities for campers who need a 1:1 ratio for additional support and assistance. This week is ideal for campers who:

- Need assistance walking or require a wheelchair
- Require attention for behavioral support
- Are nonverbal or have impaired communication

Applications open online February 2, 2026 at 9am EST, for both new and returning campers. <https://bfcamp.com/about/special-needs/>

Mark your calendars for the Family Support Conference. Registration opens soon!



MARK YOUR CALENDARS

2026 NEW HAMPSHIRE FAMILY SUPPORT CONFERENCE

APRIL 24

APRIL 25

Concord, NH

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