



The Moore Center

Family Support Advisory Council

Families Serving Families

moorecenter.org/fsc

Registration for the Family Support Conference opens soon! Please call 603 206 2814 for more information about the Conference and scholarship opportunities to attend.

[Click for Facebook Page](#)

MARK YOUR CALENDARS

2026 NEW HAMPSHIRE FAMILY SUPPORT CONFERENCE



Concord, NH

TASH TRAINING



[Click for TASH Training - Families and Parents Workshop Series](#)

Parents and Families Workshop Series

Are you just beginning to figure out how to advocate for your child? Facing new challenges as your child enters adolescence or early adulthood? Or starting to think about long-term planning?

Join us for TASH's three-part [Parents and Families Workshop Series](#), facilitated by Gary Shulman, MS. Ed. This interactive series creates space to learn practical strategies while connecting with other families navigating similar journeys.

WHEN: Wednesdays, March 4, 11, & 18

TIME: 2:00 – 3:30 PM Eastern

Workshop Topics:

- March 4
Advocacy: They Have It, You Want It — Now What?
Learn practical advocacy tools to help secure the support and services your child needs.
- March 11
The Stress of Caring for a Child with a Disability: Strategies for Stress Reduction
Explore realistic, sustainable strategies to manage stress and strengthen resilience.
- March 18
When I'm Gone, Then What?
Begin planning for the future, including long-term supports and considerations for adulthood.

This series is designed as a highly interactive workshop experience. Participants are encouraged to share, ask questions, and learn from one another in a supportive environment.

[**Register**](#)



The DD Council now has a page on its website dedicated to mapping out accessible trails, parks, and playgrounds across the Granite State. Please check out the map (and the locations) using the link below. If there are any accessible trails, parks, and/or playgrounds that you are aware of in the state that you do not see on the map, please reach out to the DD Council so they can be included.

[Click for NH Council on Developmental Disabilities Accessible Recreation Map](#)

Our Homestead - Join us March 11, 2026



Our Homestead is a 501(c) 3 non-profit created by family and friends of adults with developmental disabilities. Our goal is to provide much needed housing for the many adults in New Hampshire who need a safe, stable living situation. We began as a group of parents who have the mutual concern about what will happen to our loved ones when we are no longer able to care for them. Our children are adults now, but we realize that those of you with younger children will be facing the same lack of housing options in the future if we do not all work together to create additional housing for them. Housing options are now very limited, thus we are following the lead of other parent-led groups in our state to build or renovate housing.

We are based in the greater Manchester region and appreciate the support of the Moore Center. We officially began fund raising in December 2025 and are excited to report we have raised nearly \$18,000 to date. We so appreciate those stepping up to help support us. Going forward we need to locate land to build on or an appropriate building to renovate. The need is great and we are looking for volunteers who have a heart to help us meet this critical need. We are currently creating committees to help with marketing, fundraising, as well as potential site researching.

We will be hosting our next community informational meeting at the Moore Center on March 11th from 5:30 to 7:30 PM. Let us know if you would like to attend by emailing us at Events@ourhomesteadnh.com. We hope you can join us. Meanwhile, please check out our website at: www.ourhomesteadnh.org If you have any questions, feel free to email us at Info@ourhomesteadnh.org

Save the Date! Life After High School for Youth with Disabilities



SAVE THE DATE

Dream. Plan. Launch.

Life After High School for Youth with Disabilities

Saturday,
March 21, 2026
9 am to 2 pm

NH Audubon
84 Silk Farm Rd
Concord, NH

A conference for families and youth with disabilities
focused on planning for life's next steps

PARENT INFORMATION
Center

New Hampshire
FAMILY VOICES®

[Click here to Register for Life After High School for Youth with Disabilities.](#)

Parent Information Center and NH Family Voices

Life after High School for Youth with Disabilities

March 21, 2026 From 8:30AM-2:00PM

NH Audubon - 84 Silk Farm Rd. Concord, NH 03301

A conference for families and youth with disabilities focused on planning for life's next steps. This FREE conference offers sessions for both families and youth. Lunch will be provided. Sessions are as follows:

Youth Sessions

- Your Rights After High School
- Getting to the Future You Want
- Choosing What Works for You
- Online Tools and Tech

Family Sessions

- Finances/Benefits
- Fostering Independence
- Meaningful Employment
- Guardianship and Supported Decision Making

Join us to learn practical strategies, ask questions, and discover resources to help your student take confident steps toward adulthood. Priority Registration for Families and Youth is Open! Professional Registration begins 2/25/2026

Brain Injury Association of NH Support Groups



BRAIN INJURY SUPPORT GROUPS:

BIANH Conway Brain Injury Support Group – Topic: Group Discussion - First Monday of the month Location: Journey Church – 15 Hutchins Drive, Conway, NH Time: 6:00-7:30 PM Contact: 603-225-8400

St. Joseph Hospital Stroke Support Group - First Monday of the month Location: St. Joseph Hospital Outpatient Rehab – Conference Room 75 Northeastern Boulevard – Nashua, NH Time: 5:30 PM Contact: Gabbi Morris, OTR/L Email: gmmorris@covh.org

BIANH Peterborough Brain Injury Support Group – Topic: Group Discussion = First Tuesday of the month Location: Monadnock Community Hospital, Conference Rooms 1 & 2 452 Old Street Road – Peterborough, NH Time: 6:00 – 7:30 PM Contact: 603-225-8400

BIANH Seacoast Brain Injury Support Group - Topic: Attitude - A Discussion from the book "Box of Hope"- First Tuesday of the month written by David Grant Location: HCA Healthcare, Portsmouth Regional Hospital 155 Borthwick Avenue, West Building, 3rdFloor, Room 351 – Portsmouth, NH Time: 12:00 – 1:00 PM Contact: 603-225-8400

BIANH Atkinson/Derry Brain Injury Support Group – Topic: Sobriety and Brain Injury - Second Tuesday of the month Location: Community Crossroads 8 Commerce Drive, Unit 801, Atkinson, NH Time: 6:00 – 7:30 PM Contact: 603-225-8400

BIANH Concord Brain Injury Support Group – Topic: Group Discussion - Third Tuesday of the month Location: Granite State Independent Living 21 Chenell Drive, Concord, NH Time: 6:30 – 7:30 PM Contact: 603-225-8400

BIANH Keene Brain Injury Support Group – Topic: Group Discussion - Third Sunday of the month Location: Southwest Community Services – use door facing Food Co-Op building 49 Community Way, Keene, NH Time: 1:30 – 3:00 PM Contact: 603-225-8400

Manchester Clubhouse Brain Injury Support Group - Third Wednesday of the month Location: Manchester Pathways 60 Rogers Street, Suite 204, Manchester, NH Time: 6:00 – 7:00 PM Contact: 603-225-8400

Northeast Rehab Hospital at Pease – Stroke Support Group - Third Wednesday of the month Location: Northeast Rehabilitation Hospital 1st Floor, Pease – Portsmouth Hospital Time: 4:00 – 5:00 PM Contact: strokesupportgroup@northeastrehab.com

VIRTUAL Northeast Rehab Hospital Stroke Support Group - Second Tuesday of the month Time: 4:15 – 5:00 PM Register: strokesupportgroup@northeastrehab.com

VIRTUAL Northeast Rehabilitation Hospital Statewide Mild Brain Injury Support Group - Second Wednesday of the month Time: 4:00 – 5:00 PM Contact: Barbara Capobianco – 603-681-3220 Register: bcapobianc@northeastrehab.com

CAREGIVER SUPPORT GROUPS:

BIANH Virtual Brain Injury Caregivers Support Group - Topic: Group Discussion - Fourth Tuesday of the month Time: 6:30 – 7:30 PM Contact: 603-225-8400 To Join Meeting: <https://us06web.zoom.us/j/84489789058> Portsmouth Regional Hospital Caregiver Support Group Last Wednesday of the month Time: 5:30 – 6:30 PM Contact: prhpstrokesupport.nh@hcahealthcare.com

APHASIA SUPPORT GROUPS

St. Joseph Hospital Aphasia Community Group - Second Tuesday of the month Time: 4:00 – 5:00 PM Contact: Lesley Renzi – lhll@sjhnh.org

Aphasia Support Group – Seacoast of New Hampshire - First Thursday of the month Exeter Hospital Conference 1 North, 5 Alumni Drive, Exeter NH Time: 11:00 – 12:00 PM Contact: Kate Phelps – 603-778-6548

For additional information, contact mail@bianh.org or call 603-225-8400

[Click here for MomsRising NH Legislature Toolkit](#)

MomsRising NH Legislature Toolkit



Hi there – We're so glad you're here!

At MomsRising New Hampshire, we believe that democracy works best when families and communities are heard.

Every mom, parent, and caregiver deserves to feel confident having a voice in the decisions that shape our lives — and this toolkit was created to make that easier.

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